HS—HUMAN SERVICES

COLLEGE OF ARTS AND SCIENCES

HS U100 Human Services at Northeastern 1 SH
Intended for first-year students in the College of Arts and Sciences. Introduces students to liberal arts; familiarizes them with their major; develops the academic skills necessary to succeed (analytical ability and critical thinking); provides grounding in the culture and values of the University community; and helps to develop interpersonal skills—in short, familiarizes students with all skills needed to become a successful university student.

HS U101 Human Services Professions 4 SH
Explores the attitudes, values, skills, and knowledge of the human services worker and the reasons why people in modern society require human services assistance. Views the human services agency from the eyes of clients as well as society as a whole. Introduces the range of skills used in working with clients in a variety of helping roles such as counseling and interviewing, advocacy, and group work. Required for HS majors as a prerequisite to more specialized courses.

HS U300 Counseling in Human Services 4 SH
Presents an overview of the major theoretical approaches to counseling and therapeutic interventions. Focuses on developing clinical skills and competency in intentional interviewing. Combines systemic group exercises and experiential activities to practice interviewing techniques. Cross-cultural issues in counseling are integrated throughout the course. Prereq. HS U101, SOC U101, and PSY U101.

HS U320 Techniques in Individual and Group Counseling in Human Services 4 SH
Provides in-depth understanding of clinical practice with individuals, groups, and families. Focuses on developing practice skills through presentations, case studies, and self-reflection journals. Examines the role of spirituality within one’s clinical practice. Explores theoretical techniques and their applications in a variety of settings, with particular attention to populations at risk. Prereq. HS U300 and permission of instructor.

HS U350 Ethnic Relations, Cultural Identity, and Human Services 4 SH
Introduces and sensitizes students to the forms, practices, and effects of racism and discrimination on the various populations in the United States and presents frameworks for understanding and working with people with histories of discrimination and different cultural identities. Pays special attention to human services with diverse populations in schools, prisons, and employment assistance programs. Same as SOC U350. Prereq. Sophomore standing or above.

HS U360 Understanding the Impact of Social Issues on Early Childhood Literacy 4 SH
Offers students an opportunity to use the experience of the classroom as a starting point from which to explore wider social, economic, cultural, and political issues as they relate to the Jumpstart children and our communities. Seeks to provide students with a richer understanding of the issues of poverty, class, race, and gender as they relate to the literacy of children and a base of knowledge regarding how children learn to read and how important this skill is to future success. Prereq. Permission of instructor.

HS U520 Child Intervention and Treatment 4 SH
Explores current issues facing children and families across a variety of settings (school, foster care, residential treatment, and court systems). Focuses on child-centered intervention and treatment strategies and also examines the importance of multidisciplinary policy. Meets HS elective requirement. Prereq. Junior or senior standing in HS.

HS U540 Services and Treatments for Chemical Dependencies 4 SH
Explores students’ personal and cultural perspectives about substance use, abuse, and addiction through the use of readings, films, and case studies. Students evaluate the causes of chemical dependence, and methods of recognition, intervention, and treatment. Offers students the opportunity to investigate the effects of chemical dependency on the family. Meets HS elective requirement. Prereq. Junior or senior standing in HS.

HS U550 Advocacy and Activism 4 SH
Covers the fundamentals of advocacy and activism while developing a knowledge base in the areas of housing law and domestic violence. Lectures give an overview of the legal system while exploring its relationship to the social service system. Additionally, we discuss the history of advocacy and activism, basic legal strategies, lobbying, court procedures, housing code violations, tenant/landlord laws, and restraining orders. Prereq. HS U101.
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<td>Religion, Human Services, and Diversity in the United States</td>
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<td>HS U570</td>
<td>Nonprofit Program Design and Fund-Raising</td>
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<td>HS U580</td>
<td>Rape Crisis Training: Techniques in Counseling</td>
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**HS U560 Religion, Human Services, and Diversity in the United States**

Explores the links among and between society, identity, and religion from the perspective of community service and social justice. In conjunction with the Jewish Studies Program, themes from Judaism are used as examples throughout the course in order to understand the ways in which religious/ethnic identity helps to shape the lives of real people. In the first part of the course we historically situate religious social services in the United States. The second part looks to the politics of doing good and its effect on community service, professional ethics, personal identity, and moral beliefs as part of the larger American collective consciousness. In the last part we use contemporary American Jewish social services as the major lens through which we explore critical service-related issues. *Same as INT U560. Prereq. Junior or senior standing in HS.*

**HS U570 Nonprofit Program Design and Fund-Raising**

Designed to build practical skills in nonprofit program management, focusing on the relationship between sound program design and successful fund-raising. Emphasizes developing programming that is both a response to real needs and appealing to a wide range of donors. As they examine the life cycle of a program from needs assessment through evaluation, students have an opportunity to develop a tool kit of related materials for a nonprofit organization of their choice. *Prereq. HS U101.*

**HS U580 Rape Crisis Training: Techniques in Counseling**

Provides an in-depth examination of sexual assault, its effects, and the resources available to assist survivors. Presents an overview of the interwoven systems—criminal justice, medical, legal, and counseling—as well as other health and counseling issues that a survivor may face. Focuses on developing clinical skills and counseling competency through group exercises and experiential activities. Students who successfully complete this course meet the legal requirements in Massachusetts for rape crisis counselors. *Prereq. HS U101 and HS U300 or permission of instructor.*

**HS U581 Rape Crisis Training: Field Experience**

Provides opportunity for students to take shifts on a sexual assault hotline as well as be eligible to lead educational programs on sexual assault upon successful completion of Rape Crisis Counselor Certification (meeting the legal requirements in Massachusetts for a rape crisis counselor). *Prereq. HS U101 and HS U300 or HS U580 and permission of instructor.*

**HS U620 Civic Engagement, Leadership, and Ethics in Practice 1**

Satisfies requirement of the Northeastern University Civic Engagement and Academic Development (NU CEAD) program that students enroll in two consecutive service-learning courses in which the practical and theoretical aspects of leadership, ethics, and civic engagement are studied. Requires a community-based service-learning commitment of eight hours a week relevant to the individual student’s primary area of study, coupled with lecture and site visits. Uses a seminar format to cover theoretical frameworks and models in areas of leadership, ethics, and civic engagement. Uses guided discussion of readings, exploration of theory, and concurrent reflection of service experiences. Presents course instructor(s), faculty from various disciplines, and leaders from local community organizations to facilitate discussions/lectures in their area of expertise. *Same as INT U620. Prereq. Sophomore standing or above and permission of instructor.*

**HS U621 Civic Engagement, Leadership, and Ethics in Practice 2**

Continues HS U620. Satisfies requirement of the Northeastern University Civic Engagement and Academic Development (NU CEAD) program that students enroll in two consecutive service-learning courses in which the practical and theoretical aspects of leadership, ethics, and civic engagement are studied. Requires a community-based service-learning commitment of eight hours a week relevant to the individual student’s primary area of study, coupled with lecture and site visits. Uses a seminar format to cover theoretical frameworks and models in areas of leadership, ethics, and civic engagement. Uses guided discussion of readings, exploration of theory, and concurrent reflection of service experiences. Presents course instructor(s), faculty from various disciplines, and leaders from local community organizations to facilitate discussions/lectures in their area of expertise. *Same as INT U620. Prereq. HS U620 or INT U620, sophomore standing or above, and permission of instructor.*

**HS U700 Senior Seminar in Human Services**

Examines emerging roles and career options within the human services field. Focuses on self-examination of attitudes and values affecting delivery of services, exploration of ethical issues and dilemmas relevant to human services, grant and funding issues, staff supervision and development within human services agencies, and refinement of group leadership skills. *Prereq. Senior standing in HS.*

**HS U900 Special Topics in HS**

Reviews and discusses selected human services topics. *Prereq. Junior or senior standing in HS or approval of instructor.*
HS U919 Program Preparation: International Human Services 1 SH
Introduces students to the fundamentals of budgeting and program preparation in the field of human services. Intended to be taken prior to HS U920. Prereq. HS U101 and permission of instructor; application process.

HS U920 International Human Services 4 SH
Examines human service organizations from an international perspective. Through classroom lectures, guest speakers, and field experience, students are exposed to how culturally relevant human service programming is developed/administered. Students participate in lectures, small-group work, and field experience. Field experience consists of a one-week intensive learning experience in an international setting or an equivalent intercultural experience. Prereq. HS U101, HS U919, and permission of instructor; application process.

HS U921 Directed Study 1 SH
HS U922 Directed Study 2 SH
HS U923 Directed Study 3 SH
HS U924 Directed Study 4 SH
Offers independent work under the direction of members of the department on a chosen topic. Course content depends on instructor. Prereq. Permission of instructor.

HS U940 Human Services Internship 6 SH
Requires students to fulfill one internship placement during the last two years of the program. Consists of required field site hours and varies according to the students’ interests. Examples of placement sites include community centers, nursing homes, vocational workshops, state and federal agencies for children, and recreational facilities. Experiences are supervised by internship supervisor to maximize the student’s learning opportunities. Fulfills the Arts and Sciences experiential education requirement. Prereq. Junior or senior standing and approval by internship coordinator at least one semester in advance.

HS U950 Intercultural Studies through Human Services 4 SH
Focuses on students developing an understanding of the social, political, historical, and economic conditions in settings abroad and the corresponding social service and educational interventions. Uses an intensive, integrated study program that includes lectures, visits to cultural sites and government institutions, and a service-learning experience in a human-services or educational setting. Prereq. Permission of instructor.

HS U970 Junior/Senior Honors Project 1 4 SH
Focuses on in-depth project in which a student conducts research or produces a product related to the student’s major field. Culminating experience in the University Honors Program. Combined with Junior/Senior Project 2 or college-defined equivalent for 8-credit honors project. Prereq. Honors program participation.

HS U971 Junior/Senior Honors Project 2 4 SH
Focuses on second semester of in-depth project in which a student conducts research or produces a product related to the student’s major field. Culminating experience in the University Honors Program. Prereq. HS U970 and honors program participation.